2016-2017
School Health Advisory Council Report

Presented by Andrea Fields
Assistant Superintendent of Operations
June 12, 2017
MISSION STATEMENT

The Duncanville Independent School District’s School Health Advisory Council (SHAC) is a community-based council whose purpose is to:

• Promote the health of students and the school community.
• Promote the development of lifestyle behaviors that lead to lifelong health and wellness.
• Advocate for a comprehensive school health program.
• Serve in a health advisory capacity to the Board of Trustees.
2016-2017 SHAC Team Members

Parents:
- Larae Salcedo, Acton Elementary
- Amelia Robledo, Alexander Elementary
- Angelia Brown, Byrd Middle School
- Gerald Bowie, DHS
- Ladeitra Bowie, DHS

DISD Students:
- Avani Johnson, DHS
- Kameron Peterson, DHS

DISD Staff:
- Andrea Fields, Assistant Superintendent of Operations
- Kimmerie Ellis, Assistant to Andrea Fields
- Matthew Garcia, PE Teacher, Smith Elementary
- Suzanne Gardner, Coordinator for Guidance/Counseling
- Judy Henry, Health Services Coordinator
- Donna Thomas, Director of Nutrition Services

Duncanville Community Members:
- Gloria Lockhart, Healthcare Administrator
- Maggie Shepherd
- Mary Ann Taylor, CPS Investigator

The District's food service staff, teachers, and other District personnel shall consistently promote healthy nutrition messages in cafeterias, classrooms, and other appropriate settings.

**Objective 1:**
Consistently post in an easily accessible location on the District's website the monthly school breakfast and lunch menus, along with the nutritional information of each meal.

**Action Steps:** Work with the District Nutrition Services department to develop menus that are in compliance with this objective and are designed at least one month in advance.

**Objective 2:**
The District will provide each cafeteria with signage that promotes healthy nutrition messages.

**Action Steps:** Distribute posters regarding healthy eating at least once a semester.
GOAL #2:

The District shall make nutrition education a District-wide priority and shall integrate nutrition education into other areas of the curriculum, as appropriate.

Objective 1:

School Health Programs shall partner with Instruction and Technology to expand nutrition education throughout subjects to suggest potential content integration related to nutrition, increasing the integration of nutrition education into the regular teaching plan. (Ex: counting calories, categorizing quantities, reading labels, School Café – Build Your Plate, etc.)

Objective 2:

The District shall establish and maintain school gardens and farm-to-school programs.

Action Steps:

• Full implementation of School Café
• Increase the number of school gardens from 3 (Bilhartz, Fairmeadows, and Smith) to 5.
• Host an informational night for SHAC and public on nutrition integration into curriculum.
GOAL #3:
The District shall provide an environment that fosters safe, enjoyable, and developmentally appropriate fitness activities for all students, including those who are not participating in physical education classes or competitive sports.

Objective 1:
All students shall meet the physical education requirements.

Objective 2:
All students will have access to before and after school activities.

Action Steps:
- Survey students and parents about interest in developmental physical fitness activities.
- By end of 2017-2018 school year - Increase the number of before and after school physical activity programs from 3 to 5 (i.e. Running Club, Tae Kwando, etc.) by partnering with after school program providers e.g. Right @ School.
GOAL #4:
The District shall make appropriate before-school and after-school physical activity programs available and shall encourage students to participate.

Objectives:
District shall promote before- and after-school enrichment programs.

Action Steps:
• Work with Athletic Department on promotion of mini-camps held in district (athletic, cheer, dance, etc.)
Goals of the Duncanville ISD Student Welfare
Wellness and Health Services Plan (FFA – Regulation)

GOAL #5:
The District shall make appropriate training and other activities available to District employees in order to promote enjoyable, lifelong physical activity for District employees and students.

Objective 1:
The District shall promote lifelong physical fitness through wellness campaigns.

Objective 2:
The District shall routinely provide wellness information to its employees.

Action Steps:
- Conduct a district wide wellness campaign once a semester.
- Working with communications, wellness information will be sent to all employees via Staff News.
- Monitor and tabulate number of views as base-line data.
GOAL #6:
The District shall allow sufficient time for students to eat meals in cafeteria facilities that are clean, safe, and comfortable.

Objective 1:
Students shall have sufficient time to eat meals.

Objective 2:
Students shall have an eating environment that is safe and comfortable.

Action Steps:
- In partnership with principals – create a schedule that permits no fewer than 10 minutes after sitting down for eating breakfast and 15 minutes after sitting down for eating lunch.